

# Basic digital security measures

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- **How to protect your devices, your accounts and your information? Review the measures you have already implemented and make a plan to adopt the ones you are missing.**

## YOUR DEVICES

Activate your phone's screen lock. Go to Settings → Security → Look screen and select your preferred type: password, PIN or fingerprint.



Do not charge your phone from public or unknown devices with the USB cable. Avoid your phone getting infected!



Download apps carefully. Review other users' comments and the app permissions.



Do not open links from unknown senders in chats or emails. You could download viruses or you could get redirected to fake sites.



Never download attachments from unknown senders.



Install a free antivirus on your devices. Try AVG antivirus. <https://www.avg.com>



The system and app updates are important as they help to keep your device safe.



Try not to connect to public wifi networks. If you do so, you can use a free VPN such as RiseUp VPN. <https://riseup.net/es/vpn>



## YOUR ACCOUNTS

When was the last time you changed your passwords? From a safe computer, log in into your email and social networks accounts and go to Settings → Security and and change your passwords. Choose a stronger password: not easy to guess by someone who knows you, long, with mixed case, numbers, special characters, etc.

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In the same Security section, consider turning on the two-step-verification. Gather information about how it works.



Check other devices where you have logged in. If you don't recognize a device, block its access.



KeePassDX is an app you can use on your phone to save your passwords encrypted. For computers, you can use <https://keepassxc.org>



Do you use group chats to coordinate your organization activities? Define security measures collectively and control who can access the group.



## YOUR INFORMATION

If you are going to make calls or send sensitive information, try to use apps with encryption. Even a WhatsApp call could be safer than a regular call.



How many sensitive information you share in apps such as WhatsApp or Facebook Messenger? Clean up your chats sometimes.



Assess the valuable information (contacts, photos, videos and documents) that you have on your computer or phone and make backups. This way you won't lost the information in case your computer or phone get lost or broken.



**Make a plan to adopt more security measures. Digital security demands personal and collective compromises.**